



**Lesson #20**

*Compassionate  
Recovery*

*Never Alone,  
Nothing Too Big*

**TAKING A CLOSER LOOK  
My Body, Mind, Attitude**

**THE IMPORTANCE OF GOD'S WORD  
(GUIDING PRINCIPLE 7)**

**STAND firmly on God's word ...**

<sup>16</sup> For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we were eyewitnesses of his majesty. <sup>17</sup> For when he received honor and glory from God the Father, and the voice was borne to him by the Majestic Glory, "This is my beloved Son, with whom I am well pleased," <sup>18</sup> we ourselves heard this very voice borne from heaven, for we were with him on the holy mountain.

<sup>19</sup> And we have the prophetic word more fully confirmed, to which you will do well to pay attention as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts, <sup>20</sup> knowing this first of all, that no prophecy of Scripture comes from someone's own interpretation. <sup>21</sup> For no prophecy was ever produced by the will of man, but men spoke from God as they were carried along by the Holy Spirit. **2 Peter 1:16-21**

<sup>14</sup> But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it <sup>15</sup> and how from childhood you have been acquainted with the sacred writings, which are able to make you wise for salvation through faith in Christ Jesus. <sup>16</sup> All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, <sup>17</sup> that the man of God<sup>[b]</sup> may be complete, equipped for every good work. **2 Timothy 3:14-17**

<sup>11</sup> Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience. <sup>12</sup> For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. <sup>13</sup> And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account. **Hebrews 4:11-13**

**GUIDING PRINCIPLE 7 CONTINUED**

**STAND firmly on God's word to identify**

**other areas from our assessments that we recognize need to change**

**and that with God's help and the help of someone we trust prioritize these areas**

**and work on establishing and implementing a systematic plan to begin to work on them.**

**THE OUTCOMES OF BEING FLESH CONTROLLED  
VERSUS BEING HOLY SPIRIT CONTROLLED**

**See illustrative diagrams on last page.**

**6 COMPONENTS OF THE HUMAN BEING**

EMOTIONAL ENVIRONMENTAL PHYSICAL  
SOCIAL MENTAL SPIRITUAL

- 1. All are born spiritually dead because of the fall in the Garden of Eden.**
- 2. Being spiritually dead effects all areas of our being.**
- 3. Without remedy, over time, our sinfulness will increasingly impact all areas of our lives.**

<sup>19</sup> Now the works of the flesh are evident:

sexual immorality, impurity, sensuality,<sup>20</sup> idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions,<sup>21</sup> envy, drunkenness, orgies, and things like these. **Galatians 5:19-20**

- 4. Salvation is the remedy that makes us spiritually alive.**
- 5. As God's Spirit uses the truth of God's word, He begins to transform us from the inside out, as evidenced by increasing amounts of Spiritual fruit on all levels of our being!**

**Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-control**

<sup>8</sup> For while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. **1 Timothy 4:8**

<sup>3</sup> His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence, <sup>4</sup> by which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire. **2 Peter 1:3-4**

**WHAT GOD DESIRES FOR MY BODY AS AN INSTRUMENT OF RIGHTEOUSNESS**

*Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from*

God? You are not your own; you were bought at a price. Therefore, honor God with your body.

**Corinthians 6:19-20**

<sup>33</sup> Oh, the depth of the riches and wisdom and knowledge of God! How unsearchable are his judgments and how inscrutable his ways!<sup>34</sup> “For who has known the mind of the Lord, or who has been his counselor?”<sup>35</sup> “Or who has given a gift to him that he might be repaid?”<sup>36</sup> For from him and through him and to him are all things. To him be glory forever. Amen. <sup>1</sup>I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. **Romans 11:33-12:1**

<sup>13</sup> Do not present your members to sin as instruments for unrighteousness but present yourselves to God as those who have been brought from death to life, and your members to God as instruments for righteousness.

**Romans 6:13**

<sup>3</sup> For the time that is past suffices for **[NIV: you have spent enough time]** doing what the Gentiles want to do, living in sensuality, passions, drunkenness, orgies, drinking parties, and lawless idolatry. <sup>4</sup> With respect to this they are surprised when you do not join them in the same flood of debauchery, and they malign you...<sup>1</sup>

**Peter 4:3-4**

<sup>11</sup> For the grace of God has appeared, bringing salvation for all people, <sup>12</sup> training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age,<sup>13</sup> waiting for our blessed hope, the appearing of the glory of our great God and Savior Jesus Christ...

**Titus 2:11-13**

## **WHAT GOD DESIRES FOR MY THOUGHT LIFE**

### **THE WAR: *Fleshly Mindsets vs Spirit Mindsets***

**(To get a deeper context review Lessons 5 & 13)**

<sup>5</sup> For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit.<sup>6</sup> For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. <sup>7</sup> For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot.<sup>8</sup> Those who are in the flesh cannot please God. **Romans 8:5-8**

<sup>21</sup> So I find it to be a law that when I want to do right, evil lies close at hand.

**[God said to Cain: “If you do well, will you not be accepted? And if you do not do well, sin is crouching at the door. Its desire is contrary to you, but you must rule over it.”]**

<sup>22</sup> For I delight in the law of God, in my inner being, <sup>23</sup> but I see in my members another law waging

war against the law of my mind and making me captive to the law of sin that dwells in my members. <sup>24</sup> Wretched man that I am! Who will deliver me from this body of death? <sup>25</sup> Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin. **Romans 7:21-25**

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. **1 Peter 5:8**

### **Sin will always do 3 things.**

- 1. Take you further than you want go.**
- 2. Cost you more than you want to pay.**
- 3. Keep you there longer than you want to stay.**
- 4. Harm others more than you want to admit.**

## **THE VICTORY: HAVING THE MIND OF CHRIST**

And he said to him, “You shall love the Lord your God with all your heart and with all your soul and with all your mind. **Matthew 22:37**

Therefore, preparing your minds for action, and being sober-minded, set your hope fully on the grace that will be brought to you at the revelation of Jesus Christ.

**1 Peter 1:13**

<sup>2</sup> Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect. **Romans 12:2**

<sup>17</sup> Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. <sup>18</sup> They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. <sup>19</sup> They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity.

<sup>2</sup> You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup> to be made new in the attitude of your minds; <sup>24</sup> and to put on the new self, created to be like God in true righteousness and holiness.

**Ephesians 4:17--24**

<sup>5</sup> Have this mind among yourselves, which is yours in Christ Jesus, <sup>6</sup> who, though he was in the form of God, did not count equality with God a thing to be grasped, <sup>7</sup> but emptied himself, by taking the form of a servant, being born in the likeness of men. <sup>8</sup> And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. **Philippians 2:5-8**

<sup>8</sup> Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any

excellence, if there is anything worthy of praise, think about these things. <sup>9</sup> What you have learned and received and heard and seen in me— practice these things, and the God of peace will be with you. **Philippians 4:8-9**

### **WHAT GOD DESIRES FOR MY ATTITUDES**

<sup>3</sup> Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. <sup>4</sup> Let each of you look not only to his own interests, but also to the interests of others.

**Philippians 2:3**

<sup>14</sup> Do all things without grumbling or disputing, <sup>15</sup> that you may be blameless and innocent, children of God without blemish in the midst of a crooked and twisted generation, among whom you shine as lights in the world.... **Philippians 2:14-15**

<sup>11</sup> Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. <sup>12</sup> I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. <sup>13</sup> I can do all things through him who strengthens me. **Philippians 4:11-13**

<sup>6</sup> But godliness with contentment is great gain, <sup>7</sup> for we brought nothing into the world, and we cannot take anything out of the world. <sup>8</sup> But if we have food and clothing, with these we will be content. <sup>9</sup> But those who desire to be rich fall into temptation, into a snare, into many senseless and harmful desires that plunge people into ruin and destruction. <sup>10</sup> For the love of money is a root of all kinds of evils. It is through this craving that some have wandered away from the faith and pierced themselves with many pangs. <sup>11</sup> But as for you, O man of God, flee these things. Pursue righteousness, godliness, faith, love, steadfastness, gentleness. <sup>12</sup> Fight the good fight of the faith. **1 Timothy 6-6-12a**

<sup>5</sup> Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor forsake you." <sup>6</sup> So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?" **Hebrews 13:5-6**

<sup>16</sup> Rejoice always, <sup>17</sup> pray without ceasing, <sup>18</sup> give thanks in all circumstances; for this is the will of God in Christ Jesus for you. **1 Thessalonians 5:16-19**

### **Weekly Going Deeper Study Guide**

#### **Looking Closer at My Mind, Body, Family, & Church Life**

**Before beginning each day simply ask God to help you see things that He would have you to see.**

- Do not pressure yourself to complete 1-6 all in a week if that is too much for you. The important thing to work steadily and consistency, looking to God to direct your paths.**

#### **THIS WEEK**

- 1. If you have not started working on your assessment, begin by reading pages 3, 5, 9. Then do page 9. Then carefully read p. 13 and if you have any questions contact one of the leaders or someone in the group.**
- 2. Complete any of the scripture pages on 14, 18, 22, 26, 30, 34, 38, 42 or 46 that you have not finished. You are encouraged not to do more than one a day. Remember, speed is not your friend. Prayerfulness and thoughtfulness are the pathway to real change.**
- 3. When you have completed #2,**
- 4. Arrange the theme's tentatively according to the order of how you presently feel led and put the number in the box on that page.**
- 5. Go back and reread the lesson that corresponds to your first theme and then begin working on the question page for your first theme.**

