

is real people
with real issues like:

overworking	sexual
overeating	addictions
alcohol	co-dependency
drugs	insecurity
overspending	perfectionism
grief	hurtful
guilt	relationships
anger/rage	gambling
fear/anxiety	lying
abuse	procrastination
unforgiveness	the need to control

and other hurts, hang-ups and
habits they feel controlled by,

working together to
experience real

ACCEPTANCE!

SUPPORT!

HOPE!

HEALING!

FREEDOM!

The 8 Celebrate Recovery Road to Recovery Principles

R

Realize I'm not God; admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

E

Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover.

C

Consciously choose to commit all my life and will to Christ's care and control.

O

Openly examine and confess my faults to myself, to God, and to someone I trust.

V

Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects.

E

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others.

R

Reserve a time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.

Y

Yield myself to God to be used to bring this Good News to others, both by my example and my words.

Rev. 09-12

Directions to Celebrate Recovery:

Gaylord E-Free Church is located about 2 miles east of Gaylord on M-32, on the south side of the road. Enter the west entrance by the Gospel Center sign. Follow the drive around the building and enter the doors under the smaller of the 2 covered entrances. As you enter, you will see signs pointing you to the right down the hall where you will find the Chapel.

celebrate
recovery

*Breaking the chains of
hurts, hang-ups, and habits!*

A Christ Centered Ministry of
Gaylord E-Free Church
www.gaylordefree.org

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is a Christ-centered recovery ministry, founded by John Baker in 1991 and is in over 19,000 churches worldwide.

Only 1 in 3 come to Celebrate Recovery (CR) because of drugs and alcohol.

So why are the rest there?

The list on the inside flap lists some examples of the multitude of life's hurts, habits and hang-ups that people struggle with and the reasons why many come to **CR**.

CR is uncompromisingly biblical and designed as a ministry of hope to show the loving power of Jesus Christ through a recovery process. It involves 8 biblical principles and 12 biblical steps of recovery.

CR is based in the truth that we need each other in order to grow spiritually and emotionally. It brings people together to discover a new level of care, acceptance, trust and grace.

And, for those who seek to mature spiritually, making better decisions that will help them become Christ-like in character.

Our Celebrate Recovery Meetings are Thursday nights in the Chapel.

6:00 – 6:30 P.M. COFFEE & SOCIALIZING

This is a time to grab a cup of coffee, register if new, catch up with a friend, or just unwind a bit from your busy day.

6:30 – 7:30 MAIN GROUP SESSION

Our meetings begin with a thoughtful time of music. This is planned to help us transition from our hectic day and begin to prepare ourselves for the weekly lesson. You may wish to use this time to simply sit and listen or actively participate without concern of how well you sing.

Following this is a creative time as a whole group of teaching on one of eight principles and 12 steps. (*See back panel.*) Each principle builds upon the last, moving us closer to experiencing the freedom we all long for.

7:30-8:30 P.M. SMALL DISCUSSION GROUPS

After the teaching time we break out into small groups by genders - men with men, women with women. This is a time where ideas from the teaching time can further be explored on a more personal level. ***No one is pressured to share.*** If someone just wishes to listen that is totally fine. Our goal is to make the small group experience safe and confidential. Each week we remind participants this is not about fixing one another and what is said in the group stays in the group.

8:30 P.M. SOLID ROCK CAFÉ

The evening concludes with an informal time of tasty refreshments and fellowship called the “Solid Rock Café”. This is an opportunity for continued discussion from the evening’s topic, talking privately with someone about what’s been happening in his or her life, or simply enjoying some casual conversation.

PERSONAL STUDY GUIDES

These are for personal daily studies to allow anyone to go deeper on their own level. A suggested donation of \$6.00 is encouraged, but in no way is required.

WHAT IS EXPECTED OF ME?

Come as you are! Celebrate Recovery is an anonymous recovery meeting. No matter your hurt, pain, or struggle you are welcome. All meetings are open to anyone who desires change, but anonymity and confidentiality are basic requirements.

We encourage you to visit five or six times before deciding if Celebrate Recovery is right for you!

Questions may be addressed to Jack Dutton at jdutton@gaylordefree.org or by calling the church office, 732-2647.