

MARRIAGE SYLLABUS

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Dear Friend,

No one sees marriage as more important than God does. After all, He is the one who created marriage! It was not man's idea it was God's masterpiece. Marriage is so important to God that the Bible both opens and closes with a wedding. In the opening chapters of the book of Genesis we have the very first wedding as God Himself officiates the wedding of Adam and Eve in the Garden of Eden. Then, in the closing chapters of the book of Revelation we see the final wedding – the Marriage Supper of the Lamb as Christ is united to His church for all of eternity.

Whether you are engaged, newly married, or have been married for a long time, you can benefit by strengthening the Biblical foundation of your marriage. That is what this seminar is all about – reinforcing what the Bible says about the vital aspects of a healthy and successful marriage. Over the course of these four sessions we will walk through together what the Bible says about these crucial areas:

Session 1: Love
Session 2: Marriage Roles
Session 3: Communication and Conflict
Session 4: Temperaments and Acceptance

A few of the sessions have with them a pre-assignment. Though these are not vital to understanding the concepts we will discover, they are fun and will create some great communication between you and your fiancé or spouse. As we go through these sessions, please know that I will be praying for you! If you have any questions along the way, feel free to email me at folkslisten@miefree.org.

Pastor Scott

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SESSION FOUR

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Temperaments Understanding Yourself and Your Mate

A. What are the four temperaments?

1. The **SANGUINE**

- ❖ warm, buoyant, lively
- ❖ naturally receptive
- ❖ basis of decisions is emotions
- ❖ enjoys people
- ❖ does not like solitude
- ❖ at their best when surrounded by friends
- ❖ has an endless repertoire of interesting stories
- ❖ tells stories dramatically
- ❖ a favorite with kids and adults
- ❖ very welcomed at parties and social gatherings
- ❖ never at a loss for words
- ❖ speaks before they think
- ❖ often the envy of the more timid temperaments
- ❖ appears more confident than they really are
- ❖ makes good salesman, teacher, speaker, leader
- ❖ falls short of the “Most Likely to Succeed” prediction
- ❖ may be ineffective and undependable
- ❖ restless
- ❖ undisciplined
- ❖ egotistical
- ❖ emotionally explosive

2. The **CHOLERIC**

- ❖ hot, quick, active
- ❖ practical
- ❖ strong-willed
- ❖ self-sufficient

- ❖ independent
- ❖ decisive
- ❖ opinionated
- ❖ easily makes decisions for himself and others
- ❖ thrives on activity
- ❖ doesn't need to be stimulated
- ❖ endless ideas, plans and ambitions
- ❖ continual activity is not aimless
- ❖ makes instant decisions
- ❖ can plan worthwhile, long-range projects
- ❖ does not vacillate under pressure of what others think
- ❖ takes a definite stand on issues
- ❖ crusades for great social causes
- ❖ seldom is frightened by adversities
- ❖ adversities tend to encourage him
- ❖ has dogged determination
- ❖ often succeeds where others fail
- ❖ pushes ahead after others are discouraged and quit
- ❖ born leader
- ❖ emotional nature is the least developed part
- ❖ does not sympathize well with others
- ❖ does not naturally show or express compassion
- ❖ is often embarrassed when others cry
- ❖ little appreciation for the fine arts
- ❖ quick to recognize opportunities
- ❖ quick at diagnosing the best way to use opportunities
- ❖ though well organized, details bore him
- ❖ not given to analysis
- ❖ usually gives quick appraisals
- ❖ usually sees the goals and the not obstacles
- ❖ will run over others to accomplish goals
- ❖ domineering
- ❖ make good executives, dictators and criminals
- ❖ extroverted, but less intense than the Sanguine
- ❖ weaknesses make him difficult to live with
- ❖ hot-tempered
- ❖ cruel
- ❖ appreciated by friends more than by family

3. The **MELANCHOLY**

- ❖ analytical
- ❖ self-sacrificing

- ❖ gifted perfectionist
- ❖ sensitive emotional nature
- ❖ loves the fine arts
- ❖ a variety of moods dominated by emotions
- ❖ moods can cause elation or depression
- ❖ can be antagonistic
- ❖ faithful friend
- ❖ does not make friends easily
- ❖ will not self forward to meet people
- ❖ dependable
- ❖ strong desire to be loved by people
- ❖ does not take people at face value
- ❖ suspicious when showered with attention
- ❖ diagnoses accurately obstacles and dangers
- ❖ hesitant to initiate new projects
- ❖ may at times produce a work of genius or art
- ❖ accomplishments usually precede depression
- ❖ finds meaning in life through personal sacrifice
- ❖ tough and persistent to accomplish a decision
- ❖ natural potential when energized by the Holy Spirit
- ❖ make good educators, musicians and artists
- ❖ tend to be self-centered
- ❖ sensitive
- ❖ pessimistic
- ❖ critical
- ❖ moody
- ❖ vengeful
- ❖ has problems making emotional adjustments
- ❖ consumed with persecution complexes
- ❖ consumed by excessive guilt complexes
- ❖ consumed by depression
- ❖ consumed by hypochondria
- ❖ consumed by groundless fears
- ❖ consumed by hostility

4. The **PHLEGMATIC**

- ❖ calm, cool, slow
- ❖ easy-going
- ❖ well balanced
- ❖ life is happy when life is unexciting
- ❖ life is pleasant when avoiding involvement
- ❖ seldom gets ruffled

- ❖ rarely expresses anger or laughter
- ❖ steadily consistent
- ❖ has a good combination of hidden abilities
- ❖ feels more emotion than appears on the surface
- ❖ appreciates fine arts
- ❖ does not lack for friends
- ❖ has a dry sense of humor
- ❖ likes to poke fun at people
- ❖ annoyed by the enthusiasm of the sanguine
- ❖ enjoys throwing water on the plans of the choleric
- ❖ disgusted by the gloomy mood of the melancholy
- ❖ tends to be a spectator
- ❖ reluctant to any form of activity
- ❖ kind-hearted
- ❖ sympathetic
- ❖ seldom conveys true feelings
- ❖ will not take leadership on their own
- ❖ a natural peacemaker
- ❖ a good diplomat, teacher or scientist
- ❖ lack of motivation can be seen as laziness
- ❖ teases others as a form of self-protection
- ❖ stubborn
- ❖ indecisive
- ❖ fearful
- ❖ easy to live with
- ❖ careless, low pressure lifestyle can be agitating
- ❖ good companions to their children

B. Romans 15:7

1. We must accept our mates as they are (just as Christ accepted us)!
2. Acceptance says “I see you as you are and I...
 - a. Receive you as God’s Gift to me!”
 - b. Believe in you (loyalty)!”
 - c. Understand you!”
 - d. Forgive you (I Peter 4:8)!”
 - e. Value you!”

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Additional Resources

Other than the Bible, what are some good books that would help a couple build their marriage?

- *HIS NEEDS HER NEEDS* by Willard Harley
- *THE POWER OF A PRAYING HUSBAND* by Stormie Omartian
- *THE POWER OF A PRAYING WIFE* by Stormie Omartian

What is a good resource to understand the Biblical role of sex in marriage and all that God wants us to know about intimacy in marriage?

Go to our website (www.miefree.org) and click on GAYLORD CAMPUS and then click on BROADCAST ARCHIVES. From there scroll down and click on VIEW MORE ARCHIVES. In that section you will find a series called SEXUALITY: HONEST QUESTIONS, HONEST ANSWERS. Click on that box and it will take you to the page where you can watch the video or download the audio for a 7 week series That Pastor Scott preached at E-Free Church in which he covered topics such as:

- *Sex As God Intended It*
- *What Is Moral Purity?*
- *The Bible And Homosexuality*
- *Sex And Being Single*

What is a good resource to understand the Biblical teaching on relationships?

Go to our website (www.miefree.org) and click on GAYLORD CAMPUS and then click on BROADCAST ARCHIVES. From there scroll down and click on VIEW MORE ARCHIVES. In that section you will find a series called UNITED IN LOVE. Click on that box and it will take you to the page where you can watch the video or download the audio for a 6 week series That Pastor Scott preached at E-Free Church in which he covered the Biblical teaching on the following relationships:

- *The Greatest Relationship (our relationship with God)*
- *How Do You See You? (our relationship with ourselves)*
- *The Masterpiece Of Marriage (our relationship with our spouse)*
- *The Golden Rule Of Parenting (our relationship with our children)*
- *Building Up Friends (our relationship with friends)*
- *Building Up Foes (our relationship with our enemies)*